

January 18, 2022

CBD - infused oils

This method has been the easiest that I've come across so far and my favorite part about it was that it is essentially smell-free!

You can use this method to infuse multiple oils at once since they are all contained in their own jars.

What you'll need:

12-oz canning jar with a lid

Stockpot

Kitchen towel

Silicone oven mitt or tongs

Mesh strainer

Cheesecloth - (I used a clean piece of extra chiffon that I had)

Liquid measuring cup

1 cup of oil - olive, coconut, grapeseed or canola (I used olive)

3 grams of CBD flower

Pour your oil of choice into the jar along with your ground CBD flower and stir. Make sure that the lid is sealed tightly.

Stand the jar upright in the stockpot and add water until the water is level with the top of the jar.

Place the stockpot over high heat uncovered and bring to a low boil. Let it boil for 2 hours while periodically checking water levels and adding more if needed.

After 1 hour, carefully remove the jar and open it to release any pressure. Seal the lid back on tightly and return it to the pot for the remaining hour.

After the 2 hours is up, lay the towel on a heatproof work surface. Carefully remove the jar and place it on the towel to cool, make sure to use the oven mitt and/or tongs to avoid getting burned.

While the oil is cooling, line the strainer with the cheesecloth. While the oil is still liquid, pour it into the measuring cup. From the measuring cup, pour it through the strainer into a jar for storing – either the one you used to boil it or a clean one. Squeeze remaining solids to extract remaining oil and discard.

You can use your oil right away or you can keep it in the fridge or freezer for up to 3 months.

*note – I did an extra transfer (jar - measuring cup - jar) because there is more pouring control with the measuring cup and it was easier to get all of it to go through the strainer instead of running down the side of my jar. You can do the straining however works best for you if you have other ideas!